

Arizona Advanced Dermatology
740 East Highland Ave, #203
Phoenix, AZ 85014
Phone **602-248-9351**

Dr. Yulia Khan
Stella Denise Stephanie

Next appt: _____

Post-Operative Wound Care: *Skin Graft after bolster dressing has been removed*

1. Keep dressing dry and in place for 24-48 hours
2. After 24-48 hours begin **DAILY** wound care as follows:
 - o **GENTLY** wash wound with soap and water
 - o Do **NOT** let the shower water pound on the wound, this could shear off the skin graft
 - o Pat dry and apply Vaseline or Aquaphore using a Q-tip 1-2 times per day for 14 days
 - o Do **NOT** let the wound dry out or form a hard scab as it will result in the graft failure. If a scab forms, clean area with hydrogen peroxide solution
 - o Cover with non-adherent/Telfa pad or Band-Aid
3. If bleeding should occur, apply 20 minutes of **CONSTANT PRESSURE**.
4. For uncontrolled bleeding or emergencies call our office